

## Planning Your Budget

This guide should help you plan how much spending money you will need for your trip to Ghana, in addition to the program fee. Your costs in Ghana will vary tremendously depending on how much comfort and familiarity you are willing to pay for. Please keep in mind that the following prices are averages and may vary depending on which city you are in, where you do your shopping, and how well you bargain. All estimates are subject to change but generally should not fluctuate much.

Pre-Departure	
Roundtrip airfare from most major US cities	\$2,000
Cost of required yellow fever vaccination	\$150 - \$350
Cost of Ghanaian visa (depends on whether single or multi entry and application timescale)	\$60 - \$200
Cost of required anti-malarial drugs (prices vary considerably depending on the type of medication)	Prices vary

Food and Drink in Ghana	
Lunch out: chicken, rice and a coke	15 – 50 GHc
Dinner out: lobster, french fries and a beer	120 GHc
Dining out traditional food: fufu/banku/yams/akple with soup or stew	5 - 45 GHc
One week of groceries for cooking in volunteer house kitchen	100 – 200 GHc
Bottle of purified water (1.5 liters)	2.5 – 5 GHc
Sachet of purified water (500 milliliters)	0.2 GHc
Bottle of Coke	1.5 – 5 GHc
Bottle of beer (big)	5 – 10 GHc
Accommodations <sup>1</sup>	
One night 'Somewhere Nice' hostel in Accra (double room with A/C and breakfast)	230 GHc
One night 'Somewhere Nice' hostel in Accra (dormitory room with breakfast, no A/C)	70 GHc
Sightseeing	
Cape Coast Castle – there is a reduced rate of 30 GHc for volunteers	40 GHc
Kakum National Park - Canopy Walk	60 GHc
Kakum National Park - Primary Forest 1-hour hike	50 GHc
Transportation	
One-way travel between Accra and Cape Coast (Ford bus)	24 GHc
One-way travel between Accra and Cape Coast (charter taxi)	350 – 450 GHc
Cost of shared taxi from the Cape Coast volunteer house to the office	3 – 3.5 GHc
Cost to charter a taxi from the Cape Coast volunteer house to the office	20 GHc
Custom made clothes	
One men's Ghanaian shirt (including wax print fabric from the local market)	60 GHc
One women's Ghanaian dress (including wax print fabric from the local market)	65 – 80 GHc

In February 2019 the exchange rate is approximately 4.5 GHc (cedis) to the US dollar and 6 GHc to the British Pound. All movements in the exchange rates over the past couple of years have favored the dollar and pound.

<sup>1</sup> Your program fee does cover accommodations at the volunteer house and transportation to and from the airport. The price estimates are to help volunteers plan trips.