

# WORKSHOPS & TOURS

Global  
Mamas®

## IMMERSE YOURSELF IN GHANAIAN CULTURE!

Cost/person (p)  
including Tax

**FAIR TRADE TOUR** This in-depth tour is for groups with a passion to see ethical and sustainable manufacturing in action at Global Mamas and to learn more about fair trade.

>>> Cape Coast, Kpong (Fair Trade Zone)



1p: GHS 546  
2p: GHS 293  
3-5p: GHS 234  
6+p: GHS 195



**BATIKING** Join the Mamas to learn traditional techniques of batik production. Make your own one-of-a-kind fabric and take the two yards of handiwork home with you.

>>> Accra, Cape Coast, Kpong (Fair Trade Zone)

1p: GHS 367  
2p: GHS 301  
3-5p: GHS 267  
6+p: GHS 234

**COOKING** Explore the fragrant and exotic flavors of West African cuisine in a local kitchen. Create traditional Ghanaian dishes and then enjoy eating the feast you've helped prepare.

>>> Cape Coast



1p: GHS 334  
2p: GHS 267  
3-5p: GHS 234  
6+p: GHS 200



**DRUMMING & DANCING** Experience African drumming and dancing in an outdoor classroom in Cape Coast. Learn West African songs and how to use a 'talking drum'.

>>> Cape Coast

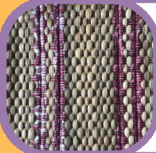
1p: N/A  
2p: GHS 234  
3-5p: GHS 184  
6+p: GHS 150

**HEAD WRAPPING** Join Auntie in her salon to master an array of Gele head wrapping styles and learn how head wraps identify a woman's religion, social status, and celebrations.

>>> Cape Coast



1p: GHS 267  
2p: GHS 234  
3-5p: GHS 184  
6+p: GHS 150



**WEAVING** Discover the traditional skill of loom weaving at the Fair Trade Zone using sustainable water hyacinth. Work alongside the Mamas to create your own one-of-a-kind woven item to take home.

>>> Kpong (Fair Trade Zone)

1p: GHS 334  
2p: GHS 234  
3-5p: GHS 184  
6+p: GHS 150

**PAPERMAKING** Join the Mamas at the Fair Trade Zone to learn how to turn water hyacinth into beautiful paper. Create your own handcrafted paper to take home with you.

>>> Kpong (Fair Trade Zone)



1p: GHS 334  
2p: GHS 234  
3-5p: GHS 184  
6+p: GHS 150



**SOAP MAKING** Experience the purity of handcrafted soap using shea butter and essential oils. Roll up your sleeves with the Mamas to formulate and take home your all-natural bath + body products.

>>> Kpong (Fair Trade Zone)

1p: GHS 334  
2p: GHS 234  
3-5p: GHS 184  
6+p: GHS 150

**BEADING** Explore the beauty of crafting beaded products at the Fair Trade Zone. Team up with the Mamas to assemble colorful, handcrafted jewelry to take home with you.

>>> Kpong (Fair Trade Zone)



1p: GHS 334  
2p: GHS 234  
3-5p: GHS 184  
6+p: GHS 150



**BEAD MAKING** Learn the process of transforming recycled glass into beautiful beads with a talented craftsman in his workshop. Choose your own colors and patterns to create beads to take home.

>>> Kpong (Fair Trade Zone)

1p: GHS 334  
2p: GHS 234  
3-5p: GHS 184  
6+p: GHS 150

**BOOK TODAY!**

[workshops@globalmamas.org](mailto:workshops@globalmamas.org)

**Cape Coast:**

0556-615-809  
0544-323-833

**Accra:**

0593-845-838  
0556-615-809

**Kpong**

0246-670-273  
0593-845-838